

Module 7

Maternal & Newborn Challenges in Breastfeeding: Navigating Pathology and Optimal Care

Course Aims:

1. Pathology and Breastfeeding:

- Develop an understanding of pathology as it pertains to lactation and breastfeeding.

2. Breast Disorders and Their Impact on Lactation:

- Discuss various breast disorders and their potential effects on lactation and breastfeeding.

3. Managing Lactation with Newborn Abnormalities:

- Explore strategies for managing lactation when the baby has abnormalities that may impact breastfeeding.

4. Parental Medical Conditions and Breastfeeding:

- Consider how maternal medical problems can influence breastfeeding and its management.

Course Objectives:

Upon completing this course, participants will be able to:

1. Discuss specific maternal infectious diseases and provide guidance on how to manage breastfeeding in these situations.
2. Understand the causes and management of mastalgia, helping parents cope with this breast-related challenge.
3. Explain the potential impact of breast augmentation and reduction surgeries on breastfeeding, and offer appropriate guidance.
4. Discuss managing breastfeeding under special circumstances such as hospitalization, facial abnormalities in the baby, and medical conditions in either the parent or baby.

5. Identify common breast disorders, their origins, and provide strategies for their management.
6. Address the complexities of breast cancer diagnosis, treatment, and management in relation to breastfeeding parents.
7. Empower parents to navigate breastfeeding challenges caused by maternal medical problems, providing appropriate guidance and support.