

Module 10

Research, Public Health, Ethics, and Legal Aspects of Lactation Consultation

Course Aims:

1. Legal, Ethical, and Professional Considerations:

- Discuss the legal and ethical implications and professional responsibilities of practicing as a Lactation Consultant.

2. Lactation Consulting in Public Health:

- Explore the role of the Lactation Consultant in promoting public health through breastfeeding advocacy.

3. Research Fundamentals for Lactation Consultants:

- Develop a basic understanding of research principles and methodologies as they relate to lactation and breastfeeding.

4. Critical Appraisal of Research Articles:

- Learn to critically review research articles on breastfeeding and human lactation.

5. Applying Research to Clinical Practice:

- Discover how to effectively apply research findings to enhance clinical practice.

Course Objectives:

Upon completing this course, participants will be able to:

1. Explain the legal, ethical, and professional responsibilities associated with being a Lactation Consultant.
2. Be aware of the principles and considerations involved in setting up a private lactation consultation practice.
3. Discuss the role of Lactation Consultants in public health initiatives and their impact on breastfeeding promotion.

4. Understand the significance of breastfeeding on a global scale and its implications for public health.
5. Explore the standards of practice for Lactation Consultants and their role in diverse practice environments.
6. Demonstrate a basic understanding of research principles and methodologies related to lactation and breastfeeding.
7. Critically appraise research articles related to breastfeeding, evaluating their validity and relevance.
8. Gain familiarity with various research methodologies used in lactation research and understand basic statistical terminology.
9. Apply research findings to clinical practice, enhancing the quality of care provided to breastfeeding parents.